



K A N S A S

OFFICE OF THE GOVERNOR

KATHLEEN SEBELIUS, GOVERNOR

Dear Fellow Kansans:

Congratulations on ordering the "Own Your Future" Long-Term Care Planning Tool Kit. By doing so you have already taken the important first step in planning for your future long term care needs.

As you know, most of us will have a need for long-term care at some time and these needs can best be met by planning ahead. The tool kit includes some basic facts about long-term care and describes some things you can do to help plan for your financial, housing, and health care needs as you age. Also included is an audio CD with stories of people who have successfully and effectively planned for their long-term care needs.

In addition, the State of Kansas has many resources to help you plan for your long-term care needs. Included in this packet you will find information about your local Area Agency on Aging, Senior Health Insurance Counseling for Kansas (SHICK), and the Kansas Insurance Department, all of which provide important services and resources to seniors and those planning for their future needs.

Lack of planning for future long-term care needs can turn into a crisis for ourselves and our families. By planning ahead you have peace of mind, knowing that you're adequately prepared to meet your future needs. The "Own Your Future" Tool Kit is an important first step in having a plan and the peace of mind that comes with it.

Sincerely,

A handwritten signature in black ink that reads "Kathleen Sebelius".

Kathleen Sebelius
Governor of the State of Kansas